

chapter5b_normal_ex...

Chapter 5B: Normal and Exponential Distributions
MATH/STAT 394: Probability I

Aman Jahangiri
University of Washington Department of Mathematics
Summer 2026

Learning Goals

By the end of this lecture, students should be able to:

- define the standard Normal distribution;
- standardize a Normal random variable;
- compute Normal probabilities using the standard Normal CDF;
- use the 68-95-99.7 rule;
- define the Exponential distribution;
- compute Exponential probabilities;
- understand the memoryless property of the Exponential distribution.

Normal Distribution

The Normal Distribution $N(\mu, \sigma^2)$

Definition

A continuous random variable X has a Normal distribution with mean μ and variance σ^2 if $X \sim N(\mu, \sigma^2)$ and its density is

$$f(x) = \frac{1}{\sigma\sqrt{2\pi}} \exp\left(-\frac{(x-\mu)^2}{2\sigma^2}\right), \quad x \in \mathbb{R}$$

The parameter μ controls the center, while σ^2 controls the spread. The special case where $\mu = 0, \sigma = 1$ is called Standard Normal.

Properties

This is the most fundamental distribution in probability, with so many important features. Central Limit Theorem (CLT) will later show one of its key applications.

PDF Verification of Normal

$f(x) \geq 0$ is straightforward, so it suffices to show $\int_{-\infty}^{\infty} f(x) dx = 1$

Plan

Let $z = \frac{x-\mu}{\sigma}$

Then $f(x) = \frac{1}{\sigma\sqrt{2\pi}} \exp\left(-\frac{z^2}{2}\right)$

Using polar coordinates:

Then $\int_{-\infty}^{\infty} f(x) dx = \frac{1}{\sigma\sqrt{2\pi}} \int_{-\infty}^{\infty} \exp\left(-\frac{z^2}{2}\right) dz$

Let $z = r \cos \theta$, we do $z = r \cos \theta$. Then $dz = -r \sin \theta d\theta$

Then $\int_{-\infty}^{\infty} \exp\left(-\frac{z^2}{2}\right) dz = \int_0^{2\pi} \int_0^{\infty} \exp\left(-\frac{r^2}{2}\right) r dr d\theta$

Mean and Variance of $N(\mu, \sigma^2)$

Proposition

Suppose $X \sim N(\mu, \sigma^2)$ with density $f(x) = \frac{1}{\sigma\sqrt{2\pi}} \exp\left(-\frac{(x-\mu)^2}{2\sigma^2}\right)$. Then, $E(X) = \mu$ and $\text{Var}(X) = \sigma^2$.

Proof: By definition, $E(X) = \int_{-\infty}^{\infty} xf(x) dx$

Let $z = \frac{x-\mu}{\sigma}$, then $x = \mu + \sigma z$, $dx = \sigma dz$

Then $E(X) = \int_{-\infty}^{\infty} (\mu + \sigma z) \frac{1}{\sigma\sqrt{2\pi}} \exp\left(-\frac{z^2}{2}\right) \sigma dz$

Now substitute $u = \frac{z^2}{2}$, $du = z dz$

Then $E(X) = \mu + \sigma \int_{-\infty}^{\infty} z \frac{1}{\sqrt{2\pi}} \exp\left(-\frac{z^2}{2}\right) dz$

The remaining integral equals 0, since it is the variance of the standard Normal distribution $N(0,1)$. Therefore, $E(X) = \mu$.

Variance of $N(\mu, \sigma^2)$

Recall: $\text{Var}(X) = E[(X-\mu)^2]$

Using LOTUS, $\text{Var}(X) = \int_{-\infty}^{\infty} (x-\mu)^2 f(x) dx$

Let $z = \frac{x-\mu}{\sigma}$, then $x - \mu = \sigma z$

Then $\text{Var}(X) = \int_{-\infty}^{\infty} \sigma^2 z^2 \frac{1}{\sigma\sqrt{2\pi}} \exp\left(-\frac{z^2}{2}\right) \sigma dz$

Now substitute $u = \frac{z^2}{2}$, $du = z dz$

Then $\text{Var}(X) = \sigma^2 \int_{-\infty}^{\infty} z^2 \frac{1}{\sqrt{2\pi}} \exp\left(-\frac{z^2}{2}\right) dz$

The remaining integral equals 1, since it is the variance of the standard Normal distribution $N(0,1)$. Therefore, $\text{Var}(X) = \sigma^2$.

Standard Normal CDF

The standard Normal CDF is denoted by $\Phi(z)$

It is defined by $\Phi(z) = P(Z \leq z) = \int_{-\infty}^z \frac{1}{\sqrt{2\pi}} \exp\left(-\frac{t^2}{2}\right) dt$

Properties

There is no elementary closed-form expression for $\Phi(z)$.

So Normal probabilities are usually computed using tables, calculators, or software. See "normal table pdf" in Canvas for the Standard Normal table.

Symmetry of the Standard Normal

The standard Normal PDF is symmetric about 0, i.e., $\phi(z) = \phi(-z)$. Therefore, $P(Z \leq -z) = P(Z \geq z)$. In terms of the CDF, $\Phi(-z) = 1 - \Phi(z)$. This is why some Normal PDF (not CDF) tables skip the negative values and only provide $\phi(z)$ for $z \geq 0$.

Converting $N(\mu, \sigma^2)$ to $N(0,1)$

Proposition

If $X \sim N(\mu, \sigma^2)$, then $Z = \frac{X - \mu}{\sigma} \sim N(0,1)$ has the Normal distribution with mean 0 and variance 1.

Example: Standardizing

Suppose $X \sim N(70, 10^2)$. Find $P(X < 85)$.

Standardize: $P(X < 85) = P\left(\frac{X - 70}{10} < \frac{85 - 70}{10}\right) = P(Z < 1.5)$

Thus $P(X < 85) = P(Z < 1.5) = \Phi(1.5)$.

Converting $N(\mu, \sigma^2)$ to $N(0,1)$

Proposition

If $X \sim N(\mu, \sigma^2)$, then $Z = \frac{X - \mu}{\sigma} \sim N(0,1)$

Example: Standardizing

Suppose $X \sim N(70, 10^2)$. Find $P(X < 85)$.

Standardize: $P(X < 85) = P\left(\frac{X - 70}{10} < \frac{85 - 70}{10}\right) = P(Z < 1.5)$

Thus $P(X < 85) = P(Z < 1.5) = \Phi(1.5)$.

The 68-95-99.7 Rule

If $X \sim N(\mu, \sigma^2)$, then approximately:

$P(\bar{X} - \sigma < X < \bar{X} + \sigma) \approx 0.68$

$P(\bar{X} - 2\sigma < X < \bar{X} + 2\sigma) \approx 0.95$

$P(\bar{X} - 3\sigma < X < \bar{X} + 3\sigma) \approx 0.997$

Interpretation

Most Normal observations lie within a few standard deviations of the mean.

Exponential Distribution

Definition

A random variable X has the Exponential distribution with rate $\lambda > 0$ if its PDF is $f(x) = \lambda e^{-\lambda x}, x \geq 0$.

We write $X \sim \text{Exp}(\lambda)$.

For $x < 0$, $f(x) = 0$.

Exponential CDF and Survival Function

If $X \sim \text{Exp}(\lambda)$, then for $x > 0$, $F(x) = P(X \leq x) = 1 - e^{-\lambda x}$. Therefore, $P(X > x) = 1 - F(x) = e^{-\lambda x}$.

Survival function

$P(X > x) = e^{-\lambda x}$

Mean and Variance of Exponential

If $X \sim \text{Exp}(\lambda)$, then $E(X) = \frac{1}{\lambda}$ and $\text{Var}(X) = \frac{1}{\lambda^2}$.

Interpretation

A larger rate λ means events occur more frequently, so waiting times become shorter on average.

Proof of the Mean

The density of an exponential random variable is $f(x) = \lambda e^{-\lambda x}, x \geq 0$.

Then $E(X) = \int_0^{\infty} x \lambda e^{-\lambda x} dx$.

Use integration by parts. Let $u = x, dv = \lambda e^{-\lambda x} dx$. Then $du = dx, v = -e^{-\lambda x}$.

Therefore, $E(X) = \left[-x e^{-\lambda x}\right]_0^{\infty} + \int_0^{\infty} e^{-\lambda x} dx$.

The boundary term equals 0, so $E(X) = \int_0^{\infty} e^{-\lambda x} dx = \left[-\frac{1}{\lambda} e^{-\lambda x}\right]_0^{\infty} = \frac{1}{\lambda}$.

Hence $E(X) = \frac{1}{\lambda}$.

Proof of the Variance

We first compute $E(X^2)$.

Using the density, $E(X^2) = \int_0^{\infty} x^2 \lambda e^{-\lambda x} dx$.

Applying integration by parts twice gives $E(X^2) = \frac{2}{\lambda^2}$.

Now use $\text{Var}(X) = E(X^2) - (E(X))^2$.

Therefore, $\text{Var}(X) = \frac{2}{\lambda^2} - \left(\frac{1}{\lambda}\right)^2 = \frac{1}{\lambda^2}$.

Hence $\text{Var}(X) = \frac{1}{\lambda^2}$.

Memoryless Property of $\text{Exp}(\lambda)$

Memoryless Property

If $X \sim \text{Exp}(\lambda)$, then for $s, t \geq 0$, $P(X > s + t | X > s) = P(X > t)$.

Interpretation

Given that we have already waited s units of time, the additional waiting time behaves like a fresh Exponential random variable. Remark: Exponential distribution is the only memoryless r.v. among all the continuous r.v.s. Also, the only memoryless discrete r.v. is the Geometric r.v., that we studied in Chapter 3.

Proof of Memorylessness

Proof of Memorylessness

Using conditional probability, $P(X > s + t | X > s) = \frac{P(X > s + t)}{P(X > s)}$.

For an Exponential random variable, $P(X > x) = e^{-\lambda x}$.

Thus, $\frac{P(X > s + t)}{P(X > s)} = \frac{e^{-\lambda(s+t)}}{e^{-\lambda s}} = e^{-\lambda t}$.

But $e^{-\lambda t} = P(X > t)$.

Therefore, $P(X > s + t | X > s) = P(X > t)$.

Geometric vs Exponential

Both distributions model a waiting time until the first event.

Distribution	Time type	Function	Formula
Geom(p)	discrete	PMF	$P(X = x) = (1-p)^{x-1} p, x \in \mathbb{Z}^+$
$\text{exp}(\lambda)$	continuous	PDF	$f(x) = \lambda e^{-\lambda x}, x \in \mathbb{R}^+$

Geometric PMF: probability at integer times. Exponential PDF: density over continuous time.

Summary

- The Normal distribution is bell-shaped and central is statistics.
- Standard Normal: $Z = \frac{X - \mu}{\sigma} \sim N(0,1)$.
- Standardization: Exponential random variables model waiting times.
- $P(X = \exp(\lambda))$ time: $P(X > x) = e^{-\lambda x}$.
- The Exponential distribution is memoryless.

How to Use

Identify distributions and transformations.

$\gamma \sim \text{Bin}(n, p)$
 $E(\gamma) = np$
 $\text{Var}(\gamma) = np(1-p)$

$X \sim N(\mu, \sigma^2)$
 $\mu = E(X)$
 $\sigma^2 = \text{Var}(X)$

If $X \sim N(\mu, \sigma^2)$ then $Z = \frac{X - \mu}{\sigma} \sim N(0,1)$ standard Normal dist.

$E(Z) = E\left(\frac{X - \mu}{\sigma}\right) = \frac{1}{\sigma} E(X - \mu) = \frac{1}{\sigma} (E(X) - \mu) = \frac{1}{\sigma} (0) = 0$

$\text{Var}(Z) = \text{Var}\left(\frac{X - \mu}{\sigma}\right) = \left(\frac{1}{\sigma}\right)^2 \text{Var}(X) = \left(\frac{1}{\sigma}\right)^2 \sigma^2 = 1$

$\text{Var}(aX + b) = a^2 \text{Var}(X)$

$F_Z(z) = P(Z \leq z) = P\left(\frac{X - \mu}{\sigma} \leq z\right) = P(X \leq \sigma z + \mu) = F_X(\sigma z + \mu)$

$\Rightarrow F_Z(z) = F_X(\sigma z + \mu)$

PDF of Z : $f_Z(z) = \frac{d}{dz} F_Z(z) = \frac{d}{dz} F_X(\sigma z + \mu) = f_X(\sigma z + \mu) \cdot \sigma$

$f_Z(z) = \frac{1}{\sigma\sqrt{2\pi}} \exp\left(-\frac{(\sigma z + \mu - \mu)^2}{2\sigma^2}\right) = \frac{1}{\sigma\sqrt{2\pi}} \exp\left(-\frac{z^2}{2}\right)$

$\frac{1}{\sigma\sqrt{2\pi}} \exp\left(-\frac{z^2}{2}\right) = \frac{1}{\sqrt{2\pi}} \exp\left(-\frac{z^2}{2}\right)$

$\frac{1}{\sqrt{2\pi}} \exp\left(-\frac{z^2}{2}\right) = \phi(z)$ pdf of $N(0,1)$

$\gamma = 3X + 2$? f_Y

$F_Y(y) = P(Y \leq y) = P(3X + 2 \leq y) = P\left(X \leq \frac{y-2}{3}\right) = F_X\left(\frac{y-2}{3}\right) = F_X\left(\frac{y-2}{3}\right)$

$\Rightarrow F_Y(y) = F_X\left(\frac{y-2}{3}\right) \in$ take derivative w.r.t. y from both sides.

$\frac{d}{dy} F_Y(y) = \frac{d}{dy} F_X\left(\frac{y-2}{3}\right) = f_X\left(\frac{y-2}{3}\right) \cdot \left(\frac{1}{3}\right)$

from
July (7)