

Chapter 10C: Chi-Square and Student t -Distributions

MATH/STAT 394: Probability I

Arman Jahangiri

University of Washington Department of Mathematics

Summer 2026

By the end of this lecture, students should be able to:

- ▶ define the Chi-Square distribution;
- ▶ understand the connection between Chi-Square and Gamma distributions;
- ▶ compute means and variances of Chi-Square random variables;
- ▶ understand why Chi-Square distributions appear in statistics;
- ▶ define the Student t -distribution;
- ▶ understand why t -distributions have heavier tails than Normal distributions;
- ▶ understand convergence of the t -distribution to the Normal distribution.

Chi-Square Distribution

Why Chi-Square Distributions Matter

Chi-Square distributions appear throughout statistics:

- ▶ sample variance;
- ▶ hypothesis testing;
- ▶ confidence intervals;
- ▶ goodness-of-fit tests;
- ▶ contingency tables.

Main idea

Chi-Square distributions measure accumulated squared Normal variation.

Definition of the Chi-Square Distribution

Definition

Suppose

$$Z_1, \dots, Z_n$$

are independent standard Normal random variables.

Define

$$X = Z_1^2 + \dots + Z_n^2.$$

Then

$$X \sim \chi_n^2.$$

We say that X has a Chi-Square distribution with

n

degrees of freedom.

Each

$$Z_i^2$$

measures squared deviation from the mean.

Adding them gives a total amount of variation:

$$Z_1^2 + \cdots + Z_n^2.$$

Interpretation

Chi-Square random variables measure total squared fluctuation.

Recall: if

$$X \sim \text{Gamma}(\alpha, \lambda),$$

then

$$f(x) = \frac{\lambda^\alpha}{\Gamma(\alpha)} x^{\alpha-1} e^{-\lambda x}.$$

A Chi-Square distribution is a special Gamma distribution:

$$\chi_n^2 = \text{Gamma}\left(\frac{n}{2}, \frac{1}{2}\right).$$

Using the Gamma formula:

$$f(x) = \frac{1}{2^{n/2}\Gamma(n/2)} x^{n/2-1} e^{-x/2}, \quad x > 0.$$

The shape depends heavily on the degrees of freedom.

Mean and Variance of Chi-Square

If

$$X \sim \chi_n^2,$$

then

$$\mathbb{E}(X) = n.$$

Also,

$$\text{Var}(X) = 2n.$$

Observation

Both the mean and variance grow linearly with the degrees of freedom.

Shape of Chi-Square Distributions

Small degrees of freedom:

- ▶ strongly right-skewed;
- ▶ concentrated near zero.

Large degrees of freedom:

- ▶ less skewed;
- ▶ more symmetric;
- ▶ approximately Normal.

Connection to CLT

A Chi-Square distribution becomes approximately Normal for large

n .

Suppose

$$X_1, \dots, X_n \stackrel{\text{i.i.d.}}{\sim} N(\mu, \sigma^2).$$

Recall the sample variance:

$$S_n^2 = \frac{1}{n-1} \sum_{j=1}^n (X_j - \bar{X}_n)^2.$$

Then:

$$\boxed{\frac{(n-1)S_n^2}{\sigma^2} \sim \chi_{n-1}^2.}$$

This is one of the most important results in classical statistics.

Why do we get

$$n - 1$$

degrees of freedom instead of

$$n?$$

Because:

$$\bar{X}_n$$

has already been estimated from the data.

Once the sample mean is fixed, only

$$n - 1$$

deviations can vary independently.

Theorem

If

$$X \sim \chi_m^2, \quad Y \sim \chi_n^2,$$

independently, then

$$X + Y \sim \chi_{m+n}^2.$$

This follows immediately from the Gamma representation.

Student t -Distribution

Why the t -Distribution?

Suppose:

- ▶ the population is Normal;
- ▶ the variance

$$\sigma^2$$

is unknown;

- ▶ the sample size is small.

Then the standard Normal approximation is no longer exact.

Solution

The Student t -distribution accounts for uncertainty in estimating the variance.

Definition of the Student t -Distribution

Definition

Let

$$Z \sim N(0, 1),$$

and

$$V \sim \chi_n^2,$$

independently.

Define

$$T = \frac{Z}{\sqrt{V/n}}.$$

Then

$$T$$

has the Student t -distribution with

$$n$$

degrees of freedom.

Why the t -Distribution Has Heavy Tails

The denominator:

$$\sqrt{V/n}$$

is random.

Sometimes it becomes unusually small.

That makes:

$$|T|$$

occasionally very large.

Consequence

The t -distribution has heavier tails than the Normal distribution.

Properties of the t -Distribution

The t -distribution is:

- ▶ symmetric about 0 ;
- ▶ bell-shaped;
- ▶ heavier-tailed than the Normal distribution.

As the degrees of freedom increase:

- ▶ tails become lighter;
- ▶ the distribution approaches the Normal distribution.

As

$$n \rightarrow \infty,$$

the Chi-Square random variable satisfies:

$$\frac{V}{n} \rightarrow 1.$$

Therefore:

$$T = \frac{Z}{\sqrt{V/n}} \approx Z.$$

Thus:

$$t_n \rightarrow N(0, 1).$$

The Cauchy Distribution

If

$$n = 1,$$

then the t -distribution becomes the Cauchy distribution.

The Cauchy distribution has:

- ▶ extremely heavy tails;
- ▶ undefined mean;
- ▶ undefined variance.

Important

Not every distribution has finite expectation or variance.

Confidence Intervals

The t -distribution is fundamental for confidence intervals.

For example:

$$\bar{X}_n \pm t^* \frac{S_n}{\sqrt{n}}.$$

Here:



$$\bar{X}_n$$

is the sample mean;



$$S_n$$

estimates the standard deviation;



$$t^*$$

comes from the t -distribution.

Distribution	Tails	Variance known?
Normal	lighter	yes
Student t	heavier	no

Interpretation

The heavier tails account for uncertainty in estimating the variance.

Three major distributions now fit together:

Distribution	Built From	Main Role
Normal	sums/CLT	averages
Chi-Square	squared Normals	variances
Student t	Normal divided by Chi-Square	inference

- ▶ Chi-Square distributions are sums of squared standard Normals.
- ▶ Chi-Square distributions are special Gamma distributions.
- ▶ Sample variances naturally produce Chi-Square distributions.
- ▶ Student t -distributions arise when variance is estimated.
- ▶ t -distributions have heavier tails than Normals.
- ▶ As degrees of freedom increase:

$$t_n \rightarrow N(0, 1).$$

End of Probability I

The LLN, CLT, Chi-Square, and t -distributions form the mathematical foundation of classical statistics.